

MVLE

CONNECTING 40 YEARS
of
BUILDING FUTURES TO

Y O U R
F U T U R E



CENTER-BASED SERVICES INCLUDE:

- Community Access
- Paper/Flyer Delivery
- Grounds Maintenance
- Custodial Work
- Mailroom Tasks
- Packaging
- Light Assembly
- Materials Handling
- Potpourri assembly
- Digital Stream
- Recycling
- Behavior Support
- Career Planning
- Employability Skills Training
- Civitan
- Self-Advocacy Skills Training
- Advancement Training
- Skilled Nursing

How Our Unique Approach Can Work for YOU



OUR MISSION

To create futures one person at a time for people with disabilities through employment and support services.

WHY WE ARE SUCCESSFUL

MVLE has fostered successful partnerships with secondary schools and community businesses. These partnerships mean success for individuals who work with MVLE!

SCHOOL TRANSITIONS

Over the last eight years, our Community-based Supported Employment program has expanded from 85 individuals working at 6 sites to over 140 working at 23 sites. Much of this growth has been due to MVLE's successful partnerships with local schools. MVLE uses information gathered from students and teachers to our efforts in opening new sites, developing job opportunities for our Center-based program, and creating innovative therapeutic activities for our day support programs. Our expansion in this area allows for greater diversity of job opportunities for new graduates. MVLE staff are committed to working with schools to foster a successful transition from school to work or day support with appropriate levels of support.



MVLE'S CURRICULUM

The mission of the MVLE Curriculum is to provide staff with resources to engage individuals served in age appropriate and purposeful activities that impact their quality of life and increase their personal and professional development. Our Curriculum consists of:

- Sensory Activities involving all the senses to engage a person with his or her environment
- Independence Skills building, such as problem solving, personal hygiene, and money skills
- Social Skills building through the use of Social Stories, Conversation Cue Cards, and Task Cards
- Recreation and Leisure
- Community Participation, such as accessing community parks, libraries, grocery stores, bowling alleys, and more
- Personal and Pedestrian Safety
- Health and Fitness
- Pre-Vocational and Job Training skills

Your Future is in **YOUR** Hands



SITUATIONAL ASSESSMENTS

A crucial link to success is the situational assessment. MVLE provides opportunities for students to try a hands-on approach to day support and career exploration. These situational assessments give students the chance to experience a placement or job, both in the Center and in the community, before making their choice. This is a vital component of the transition process because the experience enables the student and his or her team make informed decisions and choose the most appropriate match.

BUSINESS PARTNERSHIPS

MVLE's link to the business community solidifies our success. MVLE researches each business's needs and ensures they will be met through both well-matched employees and competent job coaching. Our staff provides natural support training so that MVLE employees and the business employees interact positively and support each other. The goal is a "win-win-win" situation: the business gets top quality employees, the student transitions to the working world successfully, and MVLE grows in its ability to provide opportunities to people living with disabilities. As you can see, partnerships work!

A person wearing a red t-shirt and dark shorts is riding a stationary exercise bike. They are positioned on a blue mat on a light-colored floor. The background is a soft-focus indoor setting with a green wall and a white ceiling. The overall image has a warm, slightly faded aesthetic.

COMMUNITY EMPLOYMENT SERVICES

- Small Group Supervision
- Work Experience in:
 - Dining Room Preparation*
 - Housekeeping*
 - Grounds Maintenance*
 - Custodial Work*
 - Kitchen Work*
 - Banquet Services*
 - Food Preparation*
 - Storeroom/ stocking*
- Career Planning
- Employability Skills Training
- Travel Training
- Skills Training
- Behavior Management

DAY SUPPORT SERVICES

Our Day Support program offers services ranging from skills development, physical assistance, behavior support, advancement training, life enrichment skills training, horticultural therapy, skilled nursing services, community exploration, sensory stimulation activities, and speech and art therapy.

INDIVIDUAL EMPLOYMENT SUPPORTED SERVICES

Our Day Support program offers services ranging from skills development, physical assistance, behavior support, advancement training, life enrichment skills training, horticultural therapy, skilled nursing services, community exploration, sensory stimulation activities, and speech and art therapy.

More Than Just a Job



MVLE's Transition Specialist will take you on a tour of employers, community-based job sites or center-based programs. You will have the opportunity to see individuals working or participating in their day support program, as well as meet our job coaches and instructors.

SITUATIONAL ASSESSMENT

MVLE provides opportunities for students to try a hands on approach to career and day support exploration. These assessments give you the chance to experience a job or placement site before making a choice.

INTAKE MEETING

Your interdisciplinary team (you, your family, your CSB/DRS case manager, your teacher & MVLE staff) meet to discuss the assessments, job tours, and the support services that are best for you. MVLE is committed to providing services that reflect and respect your choices. The outcome will help you plan and make informed choices for your future.

YOUR NEW JOB

The MVLE job coach and site manager will provide on-going training and support. Your support team will work with you to assess progress and achieve your desired outcomes.

START YOUR CAREER ... **Take a Tour!**

Tours of our facilities will answer these and other
Frequently Asked Questions:

- ✓ *How will MVLE support me in my transition from school to work?*
 - ✓ *How will MVLE support me when I am on the job?*
 - ✓ *How will the situational assessment be used to place me in the best job possible?*
 - ✓ *Will I have opportunities for advancement?*
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Call MVLE at one of our locations for more information
and to schedule your tour!

(703) 569-3900 Springfield
(703)796-9602 Chantilly
www.mvle.org

FIND YOUR FUTURE HERE!